

COMMUNITY NUTRITION TEAM

CACFP Today

A Newsletter from the Wisconsin Department of Public Instruction, Division of Finance and Management

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Spring 2011

Child Nutrition Reauthorization 2010

The DPI has developed a page on our website specifically for information about the Child Nutrition Reauthorization 2010, <http://dpi.wi.gov/fns/cnreauthorization.html>. The DPI webpage will be updated frequently and will provide information and guidance as it becomes available. While many of the provisions within the Healthy, Hunger-Free Kids Act of 2010 have an effective date of October 1, 2010 - specific guidelines will be forthcoming from the U.S. Department of Agriculture (USDA) in the next several months. Thus, we will provide ample notice and direction, prior to requiring program compliance. Updated policy for all Child Nutrition Programs can be found on USDA's website, www.fns.usda.gov/fns/regulations.html.

Collection of Social Security Numbers on the Household Size-Income Statement – Privacy Protection

Effective immediately, only the last four digits of the Social Security Number (SSN) of the adult household member signing the Household Size-Income Statement (HSIS) must be on the HSIS in order to determine the children as Free or Reduced based on household size and income reported in part 2 of the HSIS. This change is according to the United States Department of Agriculture (USDA) Memorandum CACFP 09-2011, issued on February 15, 2011, which notified the Wisconsin Department of Public Instruction (DPI) of this amendment by the Healthy, Hunger-Free Kids Act of 2010, Public Law 111-296 to the statutory requirement for collection of SSNs in all Child Nutrition Programs.

Until the HSIS is revised, please continue to use the current form found in Guidance Memorandum #1 and indicate to families that only the last four digits of the SSN are now required. The revised form will be included with the revisions of Guidance Memorandums usually mailed to agencies in June.



New Guidance

Recently issued Guidance Memos from USDA include:

Memo No.	Title
13-2011	Cooperation with Program Research and Evaluation of the Child Nutrition Programs
12-2011	FY 2011 Reallocation of State Administrative Expense Funds
11-2011	Guidance on the Reallocation of Audit Funds
10-2011	Child Nutrition Reauthorization 2010: Section 361, Full Use of Federal Funds
09-2011	Child Nutrition Reauthorization 2010: Privacy Protection and the Use of Social Security Numbers
08-2011	Child Nutrition Reauthorization 2010: Categorical Eligibility of Foster Children
07-2011	Child Nutrition Reauthorization 2010: Permanent Agreements
06-2011	Child Nutrition Reauthorization 2010: Administrative Payments to Family Day Care Home Sponsoring Organizations
05-2011	Child Nutrition Reauthorization 2010: Area Eligibility for Family Day Care Homes
04-2011	Child Nutrition Reauthorization 2010: Nationwide Expansion of At-Risk Afterschool Meals
03-2011	Child Nutrition Reauthorization 2010: Elimination of Block Claim Edit Check

A link to the memos can be found on our website under **USDA CACFP Policy Memos** at: <http://dpi.wi.gov/fns/cacfp1.html>



Summer Training 2011 - Save the date!

The CACFP Summer training conference will be held on **July 19, 2011** at the Chula Vista Resort in Wisconsin Dells! The conference will replace the usual multiple location recordkeeping, financial and nutrition trainings. It will offer many CACFP related session choices for participants. Watch for more information to come.



2010 Dietary Guidelines for Americans

On January 31, 2011, the Department of Health and Human Services released the *2010 Dietary Guidelines for Americans*, the federal government's evidence-based

nutritional guidance to promote health, reduce the risk of chronic diseases, and reduce the prevalence of overweight and obesity through improved nutrition and physical activity.

Because more than one-third of children and more than two-thirds of adults in the United States are overweight or obese, the 7th edition of *Dietary Guidelines for Americans* places stronger emphasis on reducing calorie consumption and increasing physical activity.

The new 2010 *Dietary Guidelines for Americans* focus on balancing calories with physical activity, and encourage Americans to consume more healthy foods like vegetables, fruits, whole grains, fat-free and low-fat dairy products, and seafood, and to consume less sodium, saturated and trans-fats, added sugars, and refined grains.

The 2010 *Dietary Guidelines for Americans* include 23 Key Recommendations for the general population and six additional Key Recommendations for specific population groups, such as women who are pregnant. Key Recommendations are the most important messages within the *Guidelines*.

Below is a preview of some of the tips that will be provided to help translate the *Dietary Guidelines* into everyday lives:

- Enjoy your food, but eat less.
- Avoid oversized portions.
- Make half your plate fruits and vegetables.
- Switch to fat-free or low-fat (1%) milk.
- Compare sodium in foods like soup, bread, and frozen meals – and choose the foods with lower numbers.
- Drink water instead of sugary drinks.

The 2010 *Dietary Guidelines* is available at www.dietaryguidelines.gov. For more information on dietary guidelines, see www.health.gov/dietaryguidelines and www.healthfinder.gov/prevention.

Sponsor Training Documentation

Sponsoring organizations (those agencies with more than one center (site) on the CACFP) are required to fully comply with all training requirements as specified in Guidance Memorandum #5C (revised June 2010). In particular, sponsors are required to annually collect and maintain records documenting the

attendance at training of each staff member with responsibilities for monitoring the sites participating in the CACFP [7 CFR 226.15(e)(14)]. Questions or concerns should be directed to your agency's assigned DPI consultant.



Cut me out

2011 Due Dates for Quarterly Nonprofit Food Service Financial Reports

For Sponsoring Organizations ONLY
(those with 2 or more sites on the food program)

1st Quarter (reporting period October 1, 2010 – December 31, 2010) is due **March 1, 2011**.

2nd Quarter (reporting period January 1, 2011 – March 31, 2011) is due **June 1, 2011**.

3rd Quarter (reporting period April 1, 2011 – June 30, 2011) is due **September 1, 2011**.

4th Quarter (reporting period July 1, 2011 – September 30, 2011) is due **December 1, 2011**.

The reporting form (PI-1463-A) is available online at <http://dpi.wi.gov/fns/centermemos.html> under Guidance Memorandum #11.

CACFP Child Care Wellness Grant Update

The Wisconsin Department of Public Instruction (WDPI) was one of 14 states to receive grant funds from the United States Department of Agriculture (USDA) for the improvement of health and wellness in child care settings. The purpose of the grant is to develop and implement programs promoting the health and nutrition improvement for children in family day care homes and child care institutions. We believe that child health and wellness can be achieved by developing and implementing child care wellness policies that concentrate on improving the nutritional quality of food, encouraging physical activity and educating child care providers, parents and caregivers. This in turn will assist children in developing lifelong healthy habits.

More than fifty percent of the total grant funds received will be awarded as sub-grants. Sub-grants will be based on the size of the institution, number of enrolled children, geographic distribution, number of low income children, approved budgets and number of nutrition and physical activity strategies selected to implement. Sub-grants will be awarded to child care institutions by WDPI competitively. Watch your email for more information regarding this great opportunity to enhance the health and well-being of the children in your care. The announcement for sub-grant applications will be in May 2011.

Foster Children in the CACFP

Effective immediately, a foster child is categorically eligible for free meals if:

- the foster child has a complete Household Size-Income Statement (HSIS) on file. A complete HSIS includes: the name of the child, indication that he/she is a foster child, and the guardian's signature and signature date; **or**
- agencies obtain documentation from the Department of Children and Families (DCF) that indicates the status of the child as a foster child.

This applies only to foster children whose care and placement are the responsibility of the DCF or who have been placed with caretaker households by a court; it does not apply to informal arrangements that exist outside of DCF or court-based systems.

Households with foster and non-foster children may now choose to include the foster child as a household member on the same HSIS that includes their non-foster children. The foster child is considered to be Free as long as there is an indication that the child is a foster child on the HSIS; then the agency would make an eligibility determination for the non-foster children based on the household's income (including personal income earned by the foster child) or other categorical eligibility information reported on the HSIS (i.e. food stamp case number). As before, foster payments received by the family from the placement agency are not considered income and do not need to be reported. This does not mean that the presence of a foster child in the household automatically makes the non-foster children eligible as Free.

These changes are according to the United States Department of Agriculture (USDA) Memorandum CACFP 08-2011, issued on January 31st, 2011, which notified Wisconsin Department of Public Instruction (DPI) of these amendments by the Healthy, Hunger-Free Kids Act of 2010, Public Law 111-296.

Learning to Love the Legume

One of the biggest challenges child care centers face is getting children to eat more dry beans and peas. They may be unfamiliar or have a funny shape or texture. However, dry beans and peas are some of the most versatile and nutritious foods out there. In fact, they are great sources of the nutrients that many kids don't get enough of — fiber, potassium, and iron. The *Dietary Guidelines for Americans* advise Americans to eat more dry beans and peas.

To help get more nutritious foods into the Child and Adult Care Food Program, USDA has compiled hundreds of tasty recipes that incorporate these foods. The *Healthy School Meals Resource Recipe Finder*: <http://healthymeals.nal.usda.gov/schoolmeals/Recipes/recipefinder.php> contains a variety of recipes that schools and childcare centers can use to serve more dry beans and peas, such as Baja

bean tacos, Mediterranean pocket, and chili con carne. The Recipe Finder includes standardized recipes, quantity recipes, USDA school meal and CACFP recipes, recipes from industry and more. In addition, the database also features pre-set searches for the following categories: dry beans and peas, fruit, vegetables and whole grains, making searching for new recipes just one click away. The search function also allows individuals to search for recipes by ethnic cuisines, such as Caribbean, Asian and Italian. This may be a great tool for anyone looking to plan a "theme" lunch or add more variety to their menus.

Menu planners may find it helpful to serve dry beans and peas repeatedly. Children need to try things up to ten times before they decide they like them. It might also be helpful to add them into student favorites, like tacos, salsas, chili, and the salad bar. Documenting child preferences and conducting taste-testing can also be used to determine what children like for future planning. Taken from the *Fall 2010, At the Table*, USDA FNS Midwest Region Newsletter

Documentation of Meals Provided to Adults

Federal regulations governing the CACFP require that all agencies have in place a method to accurately document all meals and snacks, by type, provided to adults performing labor necessary for the food service operation [7 CFR 226.15(e)(5)]. While no federal reimbursement is permitted for these meals and snacks, the expense of these meals and snacks can be recognized as an allowable CACFP cost to the agency, and reported as such on the nonprofit food service financial report(s). Questions or concerns should be directed to your agency's assigned DPI consultant.

Welcome New Agencies

Starlight Learning Center, Stoughton
Adventure Child Care, Oshkosh
Guarding Your Angels Inc, Milwaukee
4 Kids Childcare & Learning Center, Menasha
Next Door Foundation, Milwaukee
Children's Place Child Development Center, Racine
Kids Korner, Reedsburg
Lil Einsteins Academy, Milwaukee
Little Pine Cones, Eagle River
Peace Lutheran Daycare & Preschool, Park Falls
Center for Families Inc, Madison
New Adventures Learning Center, Hudson

Welcome Baby Muggenburg

We are proud to introduce to you the newest member of the Community Nutrition Team, Isabella Grace Marie Muggenburg, born to Cari and Eric Muggenburg on January 5, 2011. Isabella weighed 7 lbs 10 oz, and was 21 inches long. Congratulations Cari and Eric! Cari will return from maternity leave in April 2011.

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CACFP Today

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April 2011

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
National Library Week 2011 (April 10-16) http://dpi.wi.gov/pld/wis_lib.html						
3	4	5	6	7	8	9
10	11	12	13	14	15 Claim Due ²	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

May 2011

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3	4	5	6	7
National Physical Fitness and Sports Month www.mypyramid.gov/pyramid/physical_activity.html						
8	9	10	11	12	13	14
15 Claim Due ²	16	17	18	19	20	21
22	23	24	25	26	27 Furlough Day	28
29	30 Memorial Day	31				

June 2011

Sun	Mon	Tue	Wed	Thu	Fri	Sat
National Dairy Month www.nationaldairycouncil.org			1 Qtrly NPFS Report Due ¹	2	3	4
5	6	7	8	9	10	11
12	13	14	15 Claim Due ²	16	17	18
19	20	21 Home Sponsor Training	22	23	24	25
26	27	28	29	30		

¹Qtrly NPFS - Quarterly Nonprofit Food Service (Report Due for Sponsors of more than 1 site only)

²Claim Due - CACFP reimbursement claim is suggested to be submitted by the 15th of the following month of the claim month. Claims will be accepted if submitted within 60 days after the end of the claim month.

*** DPI State Offices Closed**

All of the CACFP Newsletters are available electronically on our website at: <http://dpi.wi.gov/fns/news/trent.html>.